

Monroe County, Wisconsin

Opioid Addiction Resource Guide



"Addiction has no boundaries. It's a disease, but it's a treatable disease."



In the event of an overdose or life-threatening medical emergency, CALL 9-1-1!!!!

Hotlines and Helplines

2-1-1 and First Call for Help Hotline: 24/7 Call 211, 1.866.211.33380 or text your zip code to 898211
Online at www.211now.org

Partnership to End Addiction Hotline: Text CONNECT to 55753 <https://drugfree.org>

SAMHSA Helpline: 1.800.662.4357 (HELP)

National Suicide Prevention Lifeline: 988

Crisis Text Line (TEXT) Text the word 'LIFE' to 741741

LGBTQ Teen/Young Adult Crisis Line (Trevor Project): 1.866.488.7386 / Text to 678 678 or chat online

Veterans Crisis Line: 1.800.273.8255

Heroin Hopeline: 1.877.695.NEED (6333)

WISHOPE: 1.844.WIS.HOPE or www.wishope.org

Detox / Inpatient Programs/Recovery Houses

Gundersen Behavioral Health
1901 7th St LaCrosse, WI
608.775.3523

Tomah VA Medical Center
500 East Veterans St, Tomah, WI
608.372.3971

Gundersen Unity House Women
1312 5th Ave South, LaCrosse
608.775.4718

Gundersen Unity House Men
1918-24 Miller St, LaCrosse
608.775.4753



Mayo Health System Franciscan-Skemp
700 West Ave, LaCrosse
1.800.362.5454

St Joseph's Hospital:
611 St Joseph Ave, Marshfield
715.389.7882

LE Phillips Libertas
2661 Co Hwy I, Chippewa Falls, WI
715.723.5585

Naloxone is a prescription medicine used for the treatment of a known or suspected opioid overdose emergency with signs of breathing problems and severe sleepiness or not being able to respond. Emergency Narcan is easy to administer. It is also available at certain locations without a prescription.

<https://www.narcan.com/patients/how-to-use-narcan>. Steps for the rescuer:

1. **Call 911:** Tell the operator if the person experiencing the overdose has stopped or slowed breathing.
2. **Give Naloxone**
 - a. Remove any objects from the mouth of the person experiencing the overdose.
 - b. Start rescue breathing: tilt head back, lift chin, pinch nose with other hand, give one breath every five seconds. Continue this for 30 seconds.
 - c. Give naloxone again after 2-3 minutes if there is still no response. More than one dose is sometimes needed.
3. **Lay person on side:** Lay the person on their side to prevent choking. Keep the person awake and breathing.
4. **Stay until help arrives:** Stay with the person experiencing the overdose until emergency workers arrive.



Where to get Naloxone (Narcan)

Narcan Direct:

AMS of Wisconsin : Onalaska

9532 E 16 Frontage Rd, Onalaska

Vivent Health:

811 Rose St, LaCrosse

Next Steps for Change Inc

128 Water St Suite B, Sparta

Gundersen Lutheran Medical Center

1910 South Ave, LaCrosse

Walgreens

710 W Wisconsin, Sparta

WalMart

1600 W Wisconsin St, Sparta

222 W McCoy, Tomah



Safe Disposal of Unused Medication: Drop Off Locations

Sparta Police Department

121 E Oak St, Sparta, WI 54656

Tomah Police Department

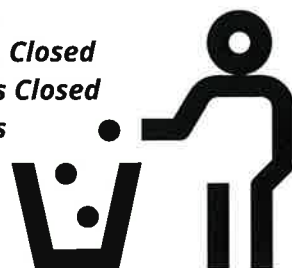
805 Superior Ave, Tomah, WI 54660

Monday - Friday 7:30 a.m. - 4:30 p.m.

Monday - Friday 8:00 a.m. - 8:30 p.m. Closed

Saturday, Sunday and Legal Holidays Closed

Saturday, Sunday and Legal Holidays



Needle Exchange Program

ARCW Aids Resource Center of WI/LaCrosse

505 King St Suite 200, LaCrosse

608.785.9866

Vivent Health LaCrosse

811 Rose, LaCrosse

608.785.9866

